

Books about Boys and Fathering

Akagi, C. *Dear Michael*. Gylantic Publishing, 1996.

“This book uses letters written from a mother to her son to educate about sexuality.”

Baron-Cohen, Simon *The Essential Difference: The Truth about the Male and Female Brain*. Basic Books, 2003.

“Summary of research highlighting biological differences between men and women.”

Braun Levine, Suzanne. *Father Courage*. Harcourt Publishing, 2000.

“Interesting look at issues that arise when men try to put family first. It includes discussion of impact on marriage, work, family economics and parity with regard to domestic tasks.”

Canada, Geoffrey. *Reaching up for Manhood*. Beacon Press, 1998.

“Autobiographical and anecdotal about the challenges of growing up male in the South Bronx. Reads easily and informative.”

Grant, Hiton, and Mortola. *BAM! Boys Advocacy and Mentoring: A Guidebook for Leading Preventative Boys Groups Helping Boys Connect Through Physical Challenge and Strategic Story Telling* is available at WWW.BAMgroups.com

Hiton, Howard. *Building on Strengths: Helping Boys Succeed in Portland Public Schools* is available at WWW.HitonAssociates.net

Newberger, Eli. *The Men They Will Become*. Perseus Books, 1999.

“Excellent comprehensive discussion of male development. Discusses issues pertinent to males at each developmental stage from infancy to young adulthood.”

O’Connell, Mark. *The Good Father*. Scribner, 2005.

“Well handled examination of fathering. The book looks at masculinity in general, the role dads play, and how dads parent differently from mothers.”

Petrash, Jack. *Covering Home*. Robins Lane Press, 2000.

“This book uses the metaphor of baseball to discuss fathering.”

Pollack, William. *Real Boys*. Random House, 1998.

“Looks at the impact of social influences on boys and offers suggestions to help boys survive those pressures.”

Pruett, Kyle. *Fatherneed*. Free Press, 2000.

“Research on the important roles that fathers play in the raising of their children.”

Real, Terrence. *I Don’t Want To Talk About It. Overcoming the Secret Legacy of Male Depression*. Simon and Schuster, 1997.

“Excellent insight into how depression manifests in men. Looks at the impact of this depression on men’s relationships.”

Silverstein, Olga. *The Courage To Raise Good Men*. Viking, 1994.

“Emphasizes the importance of mothers in developing emotionally healthy sons.”

Thompson, Michael. *Raising Cain*. Ballantine, 2000.

“Thoughtful approach to raising boys’ emotional literacy.”